

Nagoya Women's Marathon 2024

Race Instruction for Elite Athletes



□Qualifications

- (1) Female athletes who meet the following conditions (i) and (ii).
 - (i) FY2023 JAAF Members who are 19 years of age or older on race day.
 - (ii) Athletes who have achieved one of the following records as JAAF Members at a certified competition in or outside Japan on or after March 1, 2022, and before the application deadline.

a) Marathon	Under 2 h 50 min 00 s
b) 30 km	Under 1 h 55 min 00 s
c) Half Marathon	Under 1 h 15 min 00 s
d) 20 km, 20,000 m	Under 1 h 11 min 00 s
e) 10 km, 10,000 m	Under 34 min 00 s
- (2) Athletes recommended by the JAAF.
- (3) Foreign- or Japan-based athletes invited by the JAAF.
- (4) Athletes ranked in the top 100 of the JMC Points Ranking (JMC Series II) for women.

□Entry Applications

- (1) Application Period
From Friday, December 1, 2023, to Thursday, February 1, 2024
at 11:59 p.m. (Japan time)
- (2) Application Procedure
Send the following documents to the application email address below.
 - (i) Entry Form (Available on request at the email address below)
 - (ii) Qualification Record Certificate
 - (iii) Eligibility Certificate or Letter issued by your National FederationEntry Form Request/Application Email Address:
nagoyawme2024@gmt.jtb.jp

□Number Pickup (First Roll-Call)

Date: Friday, March 8 and Saturday, March 9, 2024 (2 days)

Place: **VANTELIN DOME NAGOYA**

Time: 12:00 p.m. - 8:30 p.m. on Friday, March 8

10:00 a.m. - 7:30 p.m. on Saturday, March 9

- 1) There will be no number pickup on race day (Sunday, March 10).
- 2) There will be no number pickup at any time other than those mentioned above.
- 3) A valid ID must be presented at the number pickup. (Substitution is not allowed: Only participants themselves may pick up their bibs.)

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□Precautions

- (1) Athletes shall comply with the WA Advertising Regulations regarding the size of trademarks on their clothing and items they bring onto the competition site (including the warm-up area).
- (2) Athletes who wish to have their own special drinks during the competition and have stated so at the time of race entry may check in their drinks at VANTELIN DOME NAGOYA from 6:00 a.m. to 7:00 a.m. on Sunday, March 10. All special drinks must be checked in within this time frame, and late submissions will not be accepted.
- (3) Athletes will be required to arrange their own accommodation. The Administrative Office will not provide accommodation arrangements.
- (4) Number bibs and commemorative goods for participation will only be distributed at the First Roll-Call site, and no individual service such as mailing will be provided, even when the athlete withdraws from the competition.
- (5) Athletes who have already been registered as general participants in the race and paid the entry fee, but wish to change their category and compete as elite athletes must fill out the Entry Form and send it to the designated application email address. Such athletes do not need to pay the entry fee again.

□Doping Control

- (1) The competition is subject to doping control in accordance with the World Athletics Anti-Doping Rules and Regulations and the Japan Anti-Doping Code. In-Competition Testing will take place between 11:59 p.m. on the day before the race and the time of completion of the test, and will include urine and/or blood collection. Athletes subject to testing must follow the instructions of the examiner and take the test. At the anti-doping test, urine and/or blood sample will be collected. Athletes subject to testing must follow the instructions and take the test.
- (2) Athletes shall bring a clear photocopy of their passport to the competition as they will be required to present a photo ID when subject to In-Competition Testing.
- (3) By submitting an entry application to this competition, all participants will be deemed to have agreed to become subject to the anti-doping testing in accordance with the Japan Anti-Doping Code.

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- (4) Refusing or evading anti-doping testing conducted at this competition (regardless of the type of samples, such as urine or blood), failing to comply with instructions of the examiner, or failing to complete the testing process due to personal reasons such as travel schedule may constitute a violation of the anti-doping rules. Note that athletes shall receive a sanction in accordance with the Anti-Doping Code when found to have committed an anti-doping rule violation.
- (5) Note that athletes who are subject to blood testing, whether in- or out-of-competition, may be required to rest for two hours after the competition/exercise for blood sampling.
- (6) Therapeutic Use Exemption (TUE) Application
Athletes who must use any prohibited substances or methods on the International Standard Prohibited List for therapeutic purposes must apply for Therapeutic Use Exemption (TUE). For further information, visit the website of the JAAF Medical Committee (<https://www.jaaf.or.jp/about/resist/medical/>) or the Japan Anti-Doping Agency (<https://www.playtruejapan.org/>). Athletes who have obtained a TUE for a prohibited substance/method shall submit its certificate (photocopy is acceptable) to the examiner at the time of the anti-doping testing.
- (7) For further details of the Japan Anti-Doping Code and doping testing, visit the website of the Japan Anti-Doping Agency (<https://www.playtruejapan.org/>).